

# CLUB TIMETABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7.00-10.00	ADULTS ONLY	ADULTS ONLY	ADULTS ONLY	ADULTS ONLY	ADULTS ONLY	ADULTS ONLY AQUAFIT 8.30-9.15	ADULTS ONLY
10.00-12.00	CHILDREN'S SWIM	CHILDREN'S SWIM	CHILDREN'S SWIM	CHILDREN'S SWIM	CHILDREN'S SWIM CHILDREN'S LESSONS 10.00-11.30	CHILDREN'S SWIM	CHILDREN'S SWIM
12.00-16.00	ADULTS ONLY	ADULTS ONLY	ADULTS ONLY	ADULTS ONLY	ADULTS ONLY HYDRAFIT 14.00-14.45	ADULTS ONLY	ADULTS ONLY
16.00-19.00	CHILDREN'S SWIM	CHILDREN'S SWIM HYDRAFIT 18.15-19.00	CHILDREN'S SWIM CHILDREN'S LESSONS 16.00-18.30	CHILDREN'S SWIM 16.00-18.00 CHILDREN'S LESSONS 16.00-18.30	CHILDREN'S SWIM	CHILDREN'S SWIM	CHILDREN'S SWIM
19.00-20.30	ADULTS ONLY	ADULTS ONLY	ADULTS ONLY	ADULTS ONLY	ADULTS ONLY	ADULTS ONLY	ADULTS ONLY
20.30-21.30	ADULTS ONLY	ADULTS ONLY	ADULTS ONLY	ADULTS ONLY	ADULTS ONLY	POOL CLOSED	POOL CLOSED

**Please Note:** During children's swimming lessons the pool will be partitioned off, so only half the pool will be in use for general swim. Swimming lessons do NOT take place in half term and other holidays.

**Safety admissions:** 1 adult per 2 non swimming children. Children 16 and under must be accompanied by an adult. Due to high volume and for health and safety reasons we may restrict entry to the pool.

Last admission to the pool is 30 minutes before stated closing time.

During Aquafit classes the pool is closed for general swim however other 'wet' facilities are still available to use.

Aquafit class are bookable directly with Health Club

01527 406 600

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